|  |  |  |  |
| --- | --- | --- | --- |
| **5 Ways to Keep Safer with Technology** |  | **5 Ways to Keep Safer with Technology** |  |
| 1. **Talk About It**. Keep an open line of communication between you, your spouse, & child. Having a good relationship is most important.
	* Agree on rules that apply no matter where you are.
		+ Set up clear, simple rules for technology use.
		+ What web sites are okay? When and how long?
		+ What is and is not appropriate to do online?
	* Adults/Youth should show each other their online activities.
 |  | 1. **Talk About It**. Keep an open line of communication between you, your spouse, & child. Having a good relationship is most important.
	* Agree on rules that apply no matter where you are.
		+ Set up clear, simple rules for technology use.
		+ What web sites are okay? When and how long?
		+ What is and is not appropriate to do online?
	* Adults/Youth should show each other their online activities.
 |  |
| 1. **Implement Safety Tools.** Use built-in or install software to filter the content and to monitor the technology – computer, cell phone….
	* Use Google’s “Safe Search Filter.”
		+ Select “Search Settings” from upper right-hand corner of screen.
	* Install filtering and monitoring software on your computer.
		+ K9 Web Protection from Blue Coat is free online.
	* Online games and cell phones have controls that can be set.
 |  | 1. **Implement Safety Tools.** Use built-in or install software to filter the content and to monitor the technology – computer, cell phone….
	* Use Google’s “Safe Search Filter.”
		+ Select “Search Settings” from upper right-hand corner of screen
	* Install filtering and monitoring software on your computer.
		+ K9 Web Protection from Blue Coat is free online.
	* Online games and cell phones have controls that can be set.
 |  |
| 1. **Avoid Isolation.** Locate the computer in a central location where others can see the computer screen, never in any bedroom.
 |  | 1. **Avoid Isolation.** Locate the computer in a central location where others can see the computer screen, never in any bedroom.
 |  |
| 1. **Guard Personal Information.** Explain what *personal information* is and discuss with whom and when it is appropriate to share it.
	* Avoid clicking on “pop-ups” or “free” offers online, downloading “free” music, etc. from Limewire, Kazaa….
	* Install anti-virus/spyware software ( AVG anti-virus is free).
	* Keep all software updated.
 |  | 1. **Guard Personal Information.** Explain what *personal information* is and discuss with whom and when it is appropriate to share it.
	* Avoid clicking on “pop-ups” or “free” offers online, downloading “free” music, etc. from Limewire, Kazaa….
	* Install anti-virus/spyware software ( AVG anti-virus is free).
	* Keep all software updated.
 |  |
| 1. **Don’t respond, save the evidence, and report it.** This is what you do when you see in an e-mail, text message, or on the Internet something that is pornographic, mean, or just inappropriate.
 |  | 1. **Don’t respond, save the evidence, and report it.** This is what you do when you see in an e-mail, text message, or on the Internet something that is pornographic, mean, or just inappropriate.
 |  |
| “Keeping kids safe online isn’t about technology; it’s about parenting.” * netsafe_utah_logo.jpg - Larry Magid & Anne Collier (2007)
 |  | “Keeping kids safe online isn’t about technology; it’s about parenting.” * netsafe_utah_logo.jpg - Larry Magid & Anne Collier (2007)
 |  |